



Anita Yap
Leadership Coach & Facilitator
Ignatian Spiritual Director

Anita has been coaching leaders, facilitating leadership and organisational development since 2005 when she transited out of employment to running her own consultancy. Through her 10 years of corporate experience in multinational and government organisations and the past 16 years of running her own firm, she has gained valuable experience of working with different levels of employees from the senior management team to the first-line executives. These experiences have deeply informed her about how culture and systems can help or hinder people and how inspiring leaders together with an inspired team can make a transformational impact on the organisation and on society. She facilitates highly engaging sessions on leadership, facilitation skills, coaching & mentoring, change management and generative conversations.

Anita is also a spiritual director formed in the Ignatian tradition. She received her training with the Lanteri Centre for Ignatian Spirituality based in Denver, USA and Kardia Formation based in Australia. While the Ignatian spirituality has been providing guide-posts for Anita's growth in her personal friendship with Jesus, she also draws much inspiration and learning from the best of the Carmelite and Franciscan spirituality. Her calling towards spiritual direction is a culmination of many grace-filled years of being spiritually fed and nurtured by God's loving presence in silent retreats and having been accompanied by spiritual directors who supported her discernment and journey of surrender to God's plan for her life.

Anita is currently an Associate Facilitator with the Civil Service College, Social Services Institute and Greenleaf Centre for Servant Leadership (Asia). She is a certified professional facilitator & coach. She is married with 4 children.