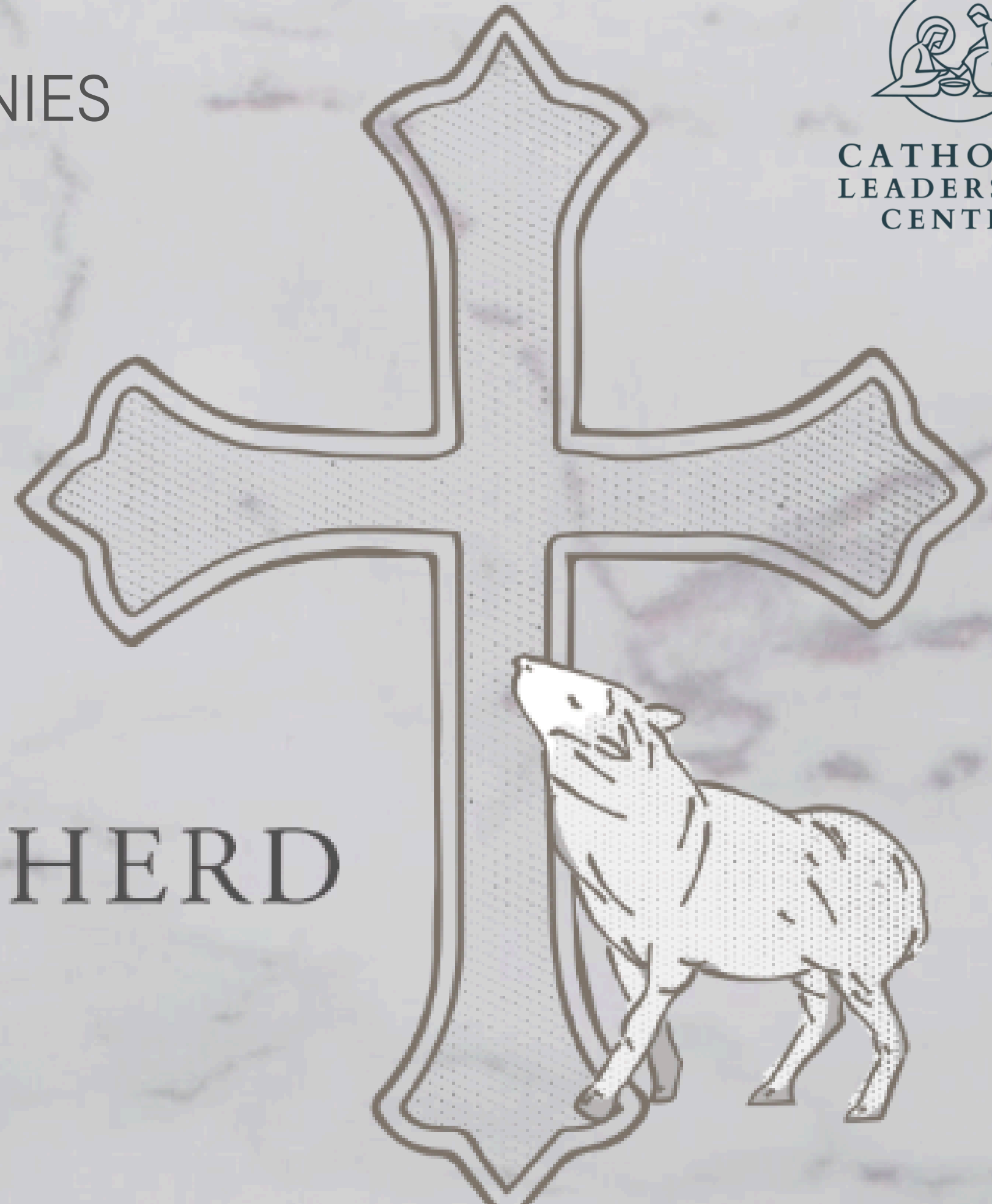


PERSONAL MESSAGES & TESTIMONIES
FROM 2023 & 2024 PARTICIPANTS



CATHOLIC
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CENTRE

AT THE FEET OF
THE GOOD SHEPHERD



“Throughout the retreat, I experienced several personal breakthroughs. One particularly moving experience was a vision of Jesus embracing me, offering unconditional love and acceptance. During a heartfelt Sacrament of Reconciliation, I felt a release from burdens I'd been carrying for a long time...

This retreat was more than just a weekend getaway; it was a profound reset and a call to action. I left feeling energized, equipped, and ready to step into my role as an emerging leader with renewed faith and purpose.

ADRIAN



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My initial idea was to come and rest from the hectic week. Instead, the Lord decided to set me free from everything that has held me back. On the night of the inner healing, I saw the words appear in my head “Be free”, followed by an image of a growing bright light and fire.

I decided to just sit with it and suddenly I felt a tear roll down from my left eye. Every tear shed in the retreat had been intentional and filled with emotions. But this tear came with no feelings. I asked the Lord, “what is this?” He replied, “This is mine.” And I wept, as it reminded me that He suffers alongside us. Praise God!
(Manasseh)

CELIA

“The retreat was prayerful and guided very clearly on scripture; not just verses from the New Testament but throughout salvation history and how God has always loved His children. This made adoration truly Christ-centred, beyond just ‘feel good’ songs, but truly grounded in the Word of God.”

KEVIN

“The entire encounter is a beautiful experience. I got to re-ignite my drooping spirit and it was in God’s perfect plan. One significant experience is the realisation of a wound that I had inflicted when I broke the 5th commandment ‘thou shall not kill’. Through the retreat, I finally made peace with my child. It explained all the dreams and discomforts I had for the past 26 years. Praise God!”

AGL

“I was struggling with a lifetime of inner wounds: broken family, abusive parents. As a ministry leader now, I see the manifestation of these wounds, when put in a similar or worse situation. I asked Jesus to heal me and to forgive others and felt Jesus’ touch when I asked for forgiveness.”

J.R



“I understand now about inner wounds and this helped me understand the root of my addiction. During the healing adoration, I felt myself being pulled upwards and something in me broke and I wept uncontrollably. After that I understood that the Lord had lifted me out of all my hurts and now I am confident that I can do what He has called me to do. I am now able to throw away my pack of cigarettes.”

CT

“I brought 3 phones; didn’t miss them at all and I haven’t cried this much in 10 years. Finally dedicated myself to the Good Shepherd, after almost 40 years of ministry. It opened my eyes to the wounds I had carried for so long and that I had unconsciously allowed to have a negative influence on my leadership and ministry service.”

ADRIAN

“It gave me a renewed relationship with Jesus. I came here not knowing what to expect and burdened with what work and life brought. After my confession, I felt so free and so light, all the tears that flowed out were tears of joy and happiness.”

CLAIRE



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