

Forming and equipping Catholic leaders to build a vibrant, evangelising and missionary Church.



Anthony Siow

Anthony Siow is a spiritual director trained in the Ignatian tradition at the Sentir Graduate College of Spiritual Formation (later the Jesuit College of Spirituality) under the University of Divinity in Australia. He is also a certified Giver of the Spiritual Exercises of Saint Ignatius.

Anthony left behind a fulfilling advertising career, channelling his creativity and love for the arts into his ministry, SEE.K, which has been helping Christians encounter God in music, dance, drama, film and other creative ways for the past ten years. In this way, Anthony hopes to reclaim those so-called secular spaces back for God. Anthony also regularly leads silent retreats here and overseas.

Anthony has led in formation programmes and retreats for various Catholic groups, including the Montfort Brothers of St Gabriel, the Montfortian Associates, the Society of St Vincent de Paul, and the Christian Life Community (CLC); schools including Montfort Secondary School and St Patrick's School; as well as ministries from the Church of Saint Ignatius, Church of the Blessed Sacrament, the Church of Saints Peter and Paul, and Church of Our Lady of Perpetual Succour.

Anthony's ecumenical vision for his ministry has attracted Christians from different faith traditions to its programmes. This extends to his work at the Biblical Graduate School of Theology (BGST), where he serves as the Centre Manager for the school's Centre for Spiritual Formation. He is also a spiritual mentor and adjunct lecturer there, where he developed "The Heart of Leadership", a formation retreat for pastors and ministry leaders that is rooted in Ignatian spirituality.

As a spiritual director, Anthony feels privileged to journey with others and to watch God's transformative work in them. Anthony is grateful to God for his own transformation and his response is a commitment to serve God wherever he calls and for however long God desires.

Anthony worships and serves at the Church of the Holy Family.