



**CATHOLIC  
LEADERSHIP  
CENTRE**

*Forming and equipping Catholic leaders to build  
a vibrant, evangelising and missionary Church.*



## **Teresa Mok**

Teresa Mok is an independent consultant and facilitator with 17 years of experience working with organisations to enhance strategy implementation, in areas such as workforce management, organisation transformation and change management. She facilitates leadership workshops and designs and conducts training in talent and workforce management.

She serves on the Archdiocese Pastoral Council as Council Member and Head of Secretariat, volunteers as a facilitator at Catholic Leadership Centre, and as Board Member on Caritas Humanitarian Aid and Relief Initiatives (Singapore) Ltd (CHARIS).

Teresa worships at the Church of our Lady Queen of Peace. She is married with three children.