

## **EDWINA YEOW**

### **Brief write up**

Edwina started out professionally in mainstream education, and taught at Hwa Chong Junior College for four years before moving into the particular field of speech and drama. After a period of discernment she joined the religious congregation of the Canossian Daughters of Charity in 1995 and was assigned the ministries of teaching, catechesis and spiritual accompaniment. She did a Masters in Theology with Broken Bay Institute, Australia, during this time.

Ongoing discernment led her out of the convent in 2007 and she served at the Archdiocesan Commission for Catholic Schools as Course Leader, responsible for the development of Religious Education (RE) in Secondary Schools in Singapore and the formation of RE teachers. At the same time she completed the Masters in Counselling with Edith Cowan University, Australia.

From 2009-13 she held a consultative position at Catholic Junior College for the Religious and Moral Education programme, where she worked with a team to develop curriculum. She also mentored teachers both for the classroom as well as for the facilitation of the annual retreats for the two academic levels. During this time she completed the summer programme for retreat giving and spiritual direction at St Beuno's Spiritual Exercises Centre, Wales.

In 2013 she moved into full-time spiritual direction and formation, retreat work, labyrinth facilitation and counselling. She practised locally for two years and then joined the Institute for World Evangelisation (ICPE) as a full-time missionary from 2015-2019. She is currently back in Singapore, offering spiritual accompaniment and retreats, consultation and formation.